

Checklist for International Travel

Know your destination

- Weather and other events
- Exchange rates, money management and ATM fees
- Local laws and requirements
- Local customs

Health issues

- Vaccinations
- Medications
- Travel Insurance with Medical coverage

Organize documents

- Passport/ID
- Visa, if required
- Vaccination certificate
- Custody documents if you're traveling alone with children
- Travel insurance documents
- Don't forget money, debit and credit cards
- Destination's nearest U.S. embassy or consulate contact info
- Medical documents
- Copies of your documents
- Downloads of digital files

Cover your home base while you're away

- Hold your mail
- Get a house sitter or pet sitter if needed
- Tell your family/friends how to get in touch with you

Pack your stuff

- Clothes
- Toiletries
- Vitamins, medications and glasses/contact lenses
- Gear
- Digital devices and accessories
- Misc. items